

Exploring the Gurdjieff Work with remarks by **Jeanne de Salzmann** in *Heart Without Measure*



(An online companion course to the book by Ravi Ravindra)

	Student Engagement Methodology
Introduction	This online masterclass course is a companion to the book Heart Without Measure. It has been created from the recordings of the online webinar series led by Ravi Ravindra during July & August 2020, under the aegis of the Gurdjieff Foundation of India, and attended by over 250 participants from around the globe. These webinars were conducted over eight weeks, each dealing with one section of the book, with the exception of the last, which combined sections 8 and 9. The companion course maintains the same format in an electronic form, including the guided meditation, remarks and the exchange on the explorations that were assigned for that week. Each section of the course consists of: 1. Guided Meditation 2. Exploration 3. Exchange - Part 1 4. Exchange - Part 2
Sangha / Online community	The experience of a journey is assimilated and understood when fellow pilgrims sit around the fireplace at night exchanging stories and sharing insights. To enable a safe exchange, keeping in mind the purpose of learning from each other, all new students will be added to a closed Google Group. You are welcome to opt-out anytime, without affecting your participation in the course in any way.
Course Book	 If you wish to purchase a hard copy of the book and you reside in USA, Canada, Europe, you can write email to purchasebooks@ravindra.ca In India you can order from the GFOI Website To order a copy on Kindle, you can click here.
Reach Us	We wish to let you know that we are here for you in case of any question or concern. Please feel free to write to us at care@journeyswith.in